



CLASS SCHEDULE

- Parents, please maintain a quiet tone while classes are in session.
- Please silence all electronic devices, and keep watch of other siblings present.
- **Students MUST ARRIVE 5-10 minutes before class starts.**
- Student's must be appropriately dressed for class, based on the class your child is taking that day, along with belt and equipment

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"A" DAYS - KRAV MAGA/KICKBOXING
"B" DAYS - TRADITIONAL KARATE

	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY	SATURDAY
ACCELERATED TRAINING "BY INVITE ONLY!"		4:00 PM		4:00 PM	C L O S E D	*NO PARKING IN THE KEARNY BANK PARKING LOT ON SATURDAY MORNINGS! YOU WILL BE TOWED AT YOUR OWN EXPENSE. THANK YOU!
XTREME PAWS 3-4 YEAR OLDS	5:15 PM	5:15 PM	5:15 PM	5:15 PM		9:30 AM
XTREME TIGERS 5-7 YEAR OLDS	5:45 PM BBT 6:15 - 6:30 PM	5:45 PM BBT 6:15 - 6:30 PM	5:45 PM BBT 6:15 - 6:30 PM	5:45 PM BBT 6:15 - 6:30 PM		10:00 AM
XTREME NINJAS 8-11 YEAR OLDS	6:30 PM BBT 7:15 - 7:30 PM	6:30 PM BBT 7:15 - 7:30 PM	6:30 PM BBT 7:15 - 7:30 PM	6:30 PM BBT 7:15 - 7:30 PM		10:30 AM
XTREME WARRIORS 12-16 YEAR OLDS	7:30 PM BBT 8:15 - 8:30 PM TEENS/ADULTS	7:30 PM BBT 8:15 - 8:30 PM	7:30 PM BBT 8:15 - 8:30 PM TEENS/ADULTS	7:30 PM BBT 8:15 - 8:30 PM		11:15 AM KRAV MAGA
ADULTS 17 YEAR OLDS AND ABOVE	7:30 PM 8:30 PM KRAV MAGA	8:30 PM KRAV MAGA	7:30 PM 8:30 PM KRAV MAGA	8:30 PM KRAV MAGA		11:15 AM KRAV MAGA